

Coming up next

**The game is at Koorinal provisionally  
Wednesday 8th of September with a 2  
tee start commencing at 8 a.m. It is the  
first round of the club championship.**



## Course map

Provided at the back of this document.

Koorinal entries are now open.

Kerry Bayly will be coordinating this event.

**Please note that the entry fee is \$50.**

If you have already prepaid \$45 you can pay the extra \$5 via EFT or pay at Koorinal on the day.

\*\*\*\*\*

**The October Game will be at Koorinal Golf Club on Wednesday 6th of October and is the second round of the club championship.**

\*\*\*\*\*



There are no results for August as the game was cancelled.

## From the President Alan Kinnaird



Hello members,

Unfortunately we have had to cancel our August event at Goonawarra after several unsuccessful attempts to play but the extended lock down ultimately tied our hands, which was very disappointing.

All going well our "Club Championship" event is planned for Wednesday 8th September and in all likely hood we will be operating a staggered 2 tee start along with a sit-down hot meal but still with a time restriction as has been the case in the past due to "Social Restrictions" in the Club house that limit the number of people. More details will be announced closer to the event. In case you have not been following the progress with the Order of Merit, the latest results are on our website.

With regard to the current lockdown #6 that will total 200 days of isolation since March 2020, I know that we are all different in our makeup and there has been quite a lot of publicity in regard to the effects of the Lockdown particularly with respect to the mental effect it is having on people.

From my perspective I consider myself very fortunate that I am retired and do not rely on working for my income to survive (as would be the case with the vast majority of our members) yes it is extremely frustrating being confronted

with ongoing restrictions that limit our freedom which we took for granted up until Covid hit us early last year. Not being able to catch up with family to celebrate special occasions and just the simple case of meeting up for a regular coffee at my favourite Café is something that I miss, let alone going out with friends on weekends for a meal. Yes like you I also really miss my golf.

Still when you sit down and weigh it up, we could be much worse off. Just being able to live here and enjoy the standard of living in this country is a bonus compared to the many of the world's population living in under developed countries who are going through hell. This is illustrated on SBS evening news that I switch over to at 7PM each night. I was initially very critical of Dan Andrews when he started his "Draconian" lock down measures compared to NSW but over the past month or so it would appear that we may well have been a lot worse off when you compare us to the current predicament in NSW.

Yes there are other aspects of the Victorian Government's handling of Covid that have been open to justifiable criticism. Clearly the way out lies with the Vaccination program and the sooner that we reach the forecast target (predicted to be by end of October) the better off we hopefully will be. I believe adopting a positive attitude with all aspects of life particularly in today's climate is very helpful. Keep smiling everyone and I will see you at Kooringal.

Alan Kinnaird

---oOo---

### Birthdays for August

<b>Kerry</b>	<b>Bayly</b>
<b>Ted</b>	<b>Haydon</b>
<b>Richard</b>	<b>Heaney</b>
<b>Tony</b>	<b>Maguire</b>
<b>Michael</b>	<b>McGonegal</b>
<b>Bryan</b>	<b>McLeish</b>
<b>Alan</b>	<b>Ogston</b>
<b>Bob</b>	<b>Penrose</b>
<b>Raymond</b>	<b>Pentony</b>
<b>Shane</b>	<b>Turner</b>
<b>Bob</b>	<b>Duggan</b>
<b>John</b>	<b>Lawson</b>

## Victorian Veteran Golfers Association Annual Teams Championship

As team entries close on the 3rd of September and our next competition will now be after that date, 2 teams have been organised based on current standings in the OOM.

Team 1 will be:-

Neil Fowler, Peter Turner and Trevor Corrie.

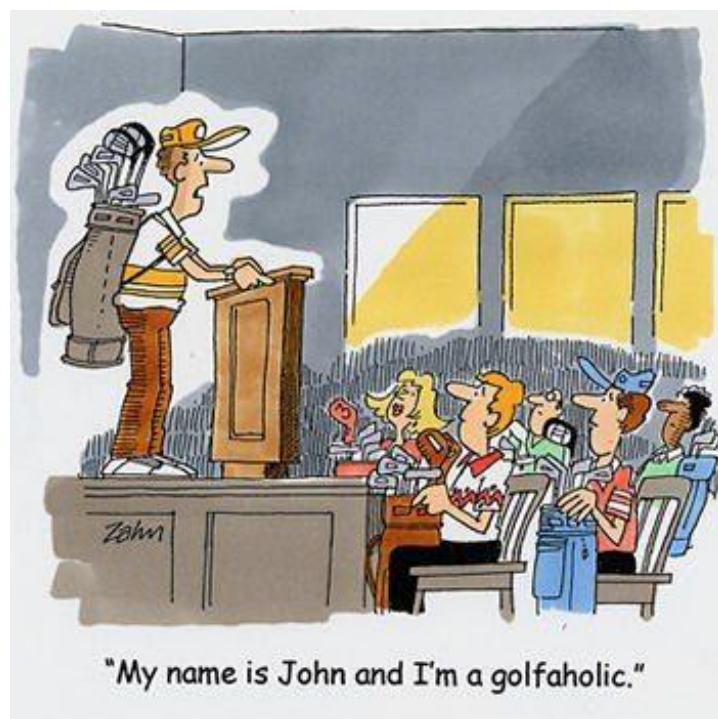
Team 2 will be:-

Colin Braithwaite, Kerry White and Tony Barr.

The Tournament Coordinator has said that they were still intending to proceed provided current restrictions were lifted that allowed players to travel, play golf and operate bar/dining facilities. Peter Caple has processed the team entry fees and Peter Tuner is coordinating travel and accommodation as well as other requirements with the players.

Interest in participation was very strong as only 2 declined (Tony Hedley and Guy Orrico) in the top 6 and the next two were keen to take up their positions.

We hope that the event does proceed and that our teams do well.



## Sponsorship and Golf Balls

The Golf Balls for the Ball run are now the Optima XSF golf balls. A much better ball than the current CS ball.

They have donated four Golf Bags to be awarded for each grade at the age tournament.

We thank Walkinshaw Sports for their generosity and encourage our members to support PGF golf products when they can.

Mario has a supply of the brand-new Optima XSF golf balls for the same price as previous- 2 dozen balls for \$30 half retail price. Normal retail \$28.99 doz.



### **Maximum distance with softer feel**

- Large, high energy, soft feel 55 compression core
- High deformation core material for maximum energy transfer and release
- Super thin Ionomer blend cover for greenside control

It is a good opportunity to get a very good ball for a great price. You can order your supply from Mario, ring 0401604501 or email [mariocaruso@bigpond.com](mailto:mariocaruso@bigpond.com) You can collect your order from Mario in Sunbury or at our next game.

---oOo---

## Do you know your 'anti-handicap'? Here's why that rarely cited stat is so useful

By: Alan Bastable



Your anti-handicap can be jarring but useful.

I'm not a big stats guy, at least certainly not when it comes to monitoring my own game. You'll never catch me tallying up my three-putts or greens in reg or wiring up my clubs with the latest swing-tracking technology. All of that data is, of course, valuable and actionable, but it's just not for me. I suppose when it comes to my golf shortcomings, I'd rather be blissfully ignorant. Or maybe I'm just lazy. Probably a bit of both.

I do keep a Handicap Index (this year for the first time in many years), which is truly one of modern civilization's greatest inventions, and which just last year was made better still. What other game gives you the ability to compete head-to-head so seamlessly with players to whom you're either far superior or inferior? I can't think of many. But this column is not an ode to handicaps. Instead, I'm here to praise handicaps' lesser-known cousin: anti-handicaps.

I had never heard of anti-handicaps until the other day when I received a newsletter in my inbox from my handicap provider, a fun app called TheGrint. Among the items in the email was a blurb on anti-handicaps, a stat that TheGrint provides all of its users. A Grint writer identified only as Luis explained that anti-handicaps illuminate "how you play when you are not your best version."

"The Anti-Handicap," Luis continued in an article on TheGrint's site, "is the exact opposite of the Handicap Index. Whereas one measures your demonstrated potential ability as a player, taking your BEST 8 rounds, the other tracks the 12 rounds that don't count towards your Index, i.e. your WORST rounds.



So basically, Handicap = how good of a player you are. Anti-Handicap how bad of a player you can be.”

Clever, right? It’s not a new metric, just one that’s not often cited. The first reference to anti-handicaps I could find online was from Bob Carney, formerly of Golf Digest, who in 1988 wrote that anti-handicaps address “the shakiness quotient.” That’s a nice way to put it, because ultimately your anti-handicap reveals how steady — or shaky — a player you are, in a way that your regular handicap does not. Put another way, not all players with the same handicaps are created equal.

## Not all players with the same handicaps are created equal.

For example, take Player A with a 15 handicap (we’re just estimating here), whose last 20 rounds look like this (again, just estimating): 90-104-107-91-96-101-112-94-100-88-95-105-91-87-106-103-99-104-97-102. That player’s eight best scores over that stretch were 90-91-96-94-88-95-91-87, which gets you somewhere in the ballpark of a 15 index.

Now, take Player B, who also is a 15 handicap but whose last 20 rounds look like this: 90-98-98-91-96-100-94-98-101-97-95-97-91-87-98-88-100-102-98-99. Player B’s eight best scores were exactly the same as Player A’s: 90-91-96-94-88-95-91-87, but you don’t need a Ph.D. in advanced calculus to deduce that Player B is a much better, or at least far more consistent, golfer than Player A. How much more consistent? That’s where anti-handicaps are so useful.

Start by computing each player’s anti-handicap — again, that’s their handicap from their 12 worst scores instead of their eight best. When you have that number, subtract from it the player’s actual handicap. The difference will speak to each player’s consistency, or lack thereof. Somewhere in the range of 5 strokes would indicate that you’re a steady player. Creep up to a differential of 10-15 strokes and it’s fair to say who knows what’s coming from one round to the next.

So, how to put anti-handicaps to good use? Well, for starters, it’s a handy stat to know about your own game. If your differential is in that 10-15 range, try to determine why: too many putts? Bad decision-making? Mental meltdowns? If you

can pinpoint the problem area (and improve on it!), that should lead to more consistent scoring. Anti-handicaps are also useful in matches. If you know your buddy is a 12 handicap and a 16 anti-handicap, beware! He’s unlikely to have many blow-ups, and unless you play your best, you might find it hard to get into his wallet. Likewise, if you’re looking for a teammate in a match-play event or club championship, find a pal with a low handicap/anti-handicap differential. You want a player in your corner who you can rely on — not one who could just as easily shoot 103 as 83. Like...um, me! I’m a 12.8 index, but my anti-handicap, as I just learned last week, is a 20.9, leaving me with a differential of 8.1.

Not bad, I suppose, but not great. Go find another partner.

\*\*\*\*\*

### Welfare Report

Peter Caple is the Welfare Officer. Please contact Peter at [p.caple@bigpond.com](mailto:p.caple@bigpond.com) if you know of any of our members who are ill.

\*\*\*\*\*

### In 1923, Who Was:

1. *President of the largest steel company?*
- 2.. *President of the largest gas company?*
3. *President of the New York stock Exchange?*
4. *Greatest wheat speculator?*
5. *President of the Bank of International Settlement?*
6. *Great Bear of Wall Street?*

These men were considered some of the world’s most successful of their days...

Now, 98 years later, the history book asks us, if we know what ultimately became of them...

### The Answers:

1. **The president of the largest steel company.**

**Charles Schwab,**  
*died a pauper.*

2. **The president of the largest gas company,**  
**Edward Hopson,**  
*went insane.*

3. The president of the NYSE,  
Richard Whitney,  
was released from prison  
to die at home.

4. The greatest wheat speculator,  
Arthur Cooger,  
died abroad, penniless.

5. The president of  
the Bank of International Settlement,  
shot himself.

6 The Great Bear of Wall Street,  
Cosabee Livermore,  
also committed suicide.

However,  
in that same year, 1923, the PGA Champion  
and the winner of the most important golf  
tournament,  
the US Open, was:

Gene Sarazen.  
What became of him?

He played golf until he was 92,  
died in 1999 at the age of 95.  
He was financially secure  
at the time of his death.

The Moral:

F\*\*k work.  
Play golf.

Contributed by: Shane Turner  
+++++

10 tips to help golfers make all their  
short putts

By: Kelly Stenzel, Top 100 teacher



You're feeling good. You've either hit your approach shot close to the hole or rolled your birdie putt up to near tap-in range. And then you miss the short putt. It might be the most frustrating and embarrassing mistake in golf, but don't give up hope. Making short putts is one of the most effective ways of lowering your scores.

1. Aim the putterface well

Where you aim your putterface has to be a huge priority if you want to make your short putts, because the ball will travel where your putterface is pointed at impact. Yes, your path influences it, but the putterface is king.

2. Get a grip

The way you place your hands on your putter's grip will stabilize the club and influence your ability to deliver a square face at impact. Take your cues from the grip's design. Most grips have a flat top. Place your thumbs on the flat portion, and because the club is more upright, it's designed to be held more in your palms than your other clubs, which will eliminate excessive wrist movement.

3. Good posture

Good posture, where you bow forward from your hips and let your arms hang below your shoulders, creates a natural path for your arms to swing. Bow forward from your hips, clap your hands together and allow your arms to swing naturally.

4. Stroke, and then look

Once you're setup with a nice square clubface, you want to keep your body very quiet as your arms swing. Watch the best putters when they putt, then you'll see how stable they keep their lower body and head as they stroke. You should keep your head down long enough to see the putter make contact with the back of the ball. Let the stroke complete fully, and only then can you look up.

5. Your stroke is circular

Every putting stroke has some degree of arc. If your underarms stay close to your body, and your putterhead stays relatively low to the ground and through, this natural curving path will roll the ball end-over-end. If you incorrectly try to swing your putter back straight back and straight through, your arms will tend to disconnect from your body.

## 6. Limit your backstroke

Your backstroke controls the distance of your putts. when you have a short putt, you only need a short backstroke. If you swing your putter back the proper length for the putt, smaller strokes will naturally deliver less power. If your backstroke is too large, your body will attempt to put on the brakes and decelerate.

## 7. Minimize moving parts

To make your short putts, the emphasis is more on accuracy than power. The priority is making sure the ball starts on the correct line. In this regard, the fewer moving parts, the better. Too much movement in your lower body can decrease your efficiency.

## 8. Read every putt

Take the time to read the break on every short putt. I often watch golfers hurry up and stroke their short putts without much thought, assuming every putt is straight, but they're missing an important step. Walk in a semi-circle around the hole to see where the high point is.

## 9. Respect the challenge

A good attitude is helpful throughout life, including on short putts. Get over it when it doesn't work out, remember that you're playing for fun, but give every short putt your full attention. If you're not prepared to do that, you might as well pick up your ball.

## 10. Practice with feedback.

Practicing properly means practicing with feedback. I used to spend hours putting on a chalk line when I played in college and professionally to make sure the putt was starting on line. Practicing with feedback — meaning, you can see what's going wrong when it's going wrong — will help you get it right and build your confidence along the way.

-----

Golf is a game whose aim is to hit a very small ball into an even smaller hole, with weapons singularly ill-designed for the purpose.

Winston Churchill

-----



Contributed by: Shane Turner



# Hume Veterans Golf Club Inc.

ABN 58 679 581 932



**President** Alan Kinnaird 0418 564 760

**Captain:** Gus Steegstra 0407 098 423

**Secretary:** Arnold Messias 0421 035 881

**Email:** [arnold@messias.net](mailto:arnold@messias.net)

## Application for Membership

Membership Secretary,  
Hume Veterans Golf Club Inc.

Mario Caruso 21 Liquidamber Way Sunbury 3429

[info@humevetsgc.com.au](mailto:info@humevetsgc.com.au)

Sir,

I hereby apply for membership of the Hume Veterans Golf Club and if elected, agree to abide by the Articles of Association, By-Laws of the Club and Committee rulings. I have obtained the age of 55 years I am a financial member of a Golf Club affiliated with the Australian Golf Union and have a current handicap recognized by the Australian Golf Club Union or have a current Golfink handicap.

Name in full (in block letters) ..... Polo Top Size.....

Golf Link Number

Address.....

..... Postcode.....

Email Address.....

Home Club..... Date of Birth.....

Home Telephone no..... Mobile.....

Emergency contact Name & Phone No.....

Signature.....

The above-mentioned candidate is personally known to us and we believe him to be a suitable person to be elected a Member of the Hume Veterans Golf Club.

Proposer (in block letters) .....

Signature.....

Seconder (in block letters) .....

Signature.....

Membership fees can be paid via direct debit to Hume Vets Golf Club

**BSB: 033-118 Account Number: 344854**

Provided that the Directors shall not be bound to accept the application for Membership of any person, also provided any inaccuracy or misrepresentation in the particulars relating to the applicant or his description shall render his election voidable at any time at the discretion of the Club.

Date received by the Membership Secretary...../...../.....

Signed.....



[Koorringal Golf Course](#)