



Coming up next

**The game is at Goonawarra Monday 6<sup>th</sup> of July.**

### Course map

Provided at the back of this document.



**Included in Daily Comp fee Egg & Bacon Rolls and Coffee will be available before the game.**

Goonawarra entries are now open. Goonawarra will be a two-tee start starting from 08:00 at 8-minute intervals, please put your preferred time range in the comments column.

If paying by EFT transaction, pay no later than Friday 30/6/2020.

\$30 charge for Golf and egg and bacon roll on arrival.

Please do not enter the pro shop more than twenty minutes before your tee time.

Bill Mandouit will be coordinating this event.

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**The August Game will be at Bacchus Marsh Golf Club on Monday 3<sup>rd</sup> of August.**

### First day back



Left to right: John Peart, Peter Caple and Club Captain Gus Steegstra

### Captain's Report

Hallelujah!! Finally, back to golf after a 3-month layoff.

A hearty bunch of 87 players turned up to play at the Derrimut course on 15th Jun 2020, as our game earlier in the month was postponed due to inclement weather.

A cold windy morning greeted us with some sunny periods bursting through later, at least the rain stayed away. There were a few damp areas on the course, but I am sure the fast "trikkky" greens contributed to the low scores.

Colin Braithewaite was the only one to play under handicap with a great score of 39 points.

Congratulations to Ron Watkinson who had a hole in one on the 9th hole.

The timesheet format ran well, due to the usual work of committee members and the assistance of the Pro shop, thanks to all.

Now for the winners.

<u>Name</u>	<u>Handicap</u>	<u>Score</u>
<u>A grade winner:</u>		
Ray Pentony	8	33 points c/b
<u>A grade runner-up:</u>		
Jerry Cresp	7	33 points c/b

## B grade winner:

Brian Smith 14 32 points c/b

## B grade runner-up:

George Martini 15 32 points c/b

## C grade winner:

Colin Braithwaite 21 39 points

## C grade runner-up:

Russell Righton 18 32 points

## D grade winner:

Joe Jhoty 25 33 points

## D grade runner-up:

Mario Caruso 28 31 points

There were no nearest the pin prizes due to Golf Aust. recommendations.

The ball comp. went down to 30 points and these can be collected at Goonawarra along with the grade winner prizes.

The "raffallo" prize was won by Ian Grieve, with golf balls to Arnold Messias, Derek Kennedy and Mario Caruso.

Next game is at Goonawarra on Mon 6<sup>th</sup> Jul 2020.

Gus Steegstra  
Captain

## **Please Note:**

From January 2021 the fee for a game and lunch will increase from \$40 to \$45.

## **Sponsorship and Golf Balls**

The Golf Balls for the Ball run are now the Optima XSF golf balls. A much better ball than the current CS ball.

They have donated four Golf Bags to be awarded for each grade at the age tournament.

We thank Walkinshaw Sports for their generosity and encourage our members to support PGF golf products when they can.

Mario has a supply of the brand-new Optima XSF golf balls for the same price as previous- 2 dozen balls for \$30 half retail price. Normal retail \$28.99 doz.



## **Maximum distance with softer feel**

- Large, high energy, soft feel 55 compression core
- High deformation core material for maximum energy transfer and release
- Super thin Ionomer blend cover for greenside control

It is a good opportunity to get a very good ball for a great price. You can order your supply from Mario, ring 0401604501 or email [mariocaruso@bigpond.com](mailto:mariocaruso@bigpond.com) You can collect your order from Mario in Sunbury or at our next game.

## **Polo Tops**

If you are interested New long and short sleeve golf polo tops are available for sale. Also wide-brimmed hats and club golf caps are available from Alan Kinnaird.

New members will continue to receive their first Polo and cap as part of their joining package. Alan Kinnaird has the Polo Tops and caps; you can contact him with your size, and he can bring it to the next Golf day. These Polo Tops retail in the golf Shops at \$45.



**Jason Day is raring to go at next week's PGA Tour restart, aiming to reboot his own career in the congested schedule ahead.**

The former World No.1 used the coronavirus shutdown to rest his chronically injured back before knuckling down to practice.

He is happy with his form after spending plenty of time recently working with long-time coach Colin Swatton – even though his mentor managed to upstage him with a hole-in-one during a practice round in Pittsburgh this week.

Without a victory in more than two years, 12-time PGA Tour winner Day has seen his world ranking plummet to No.51.

"I'm really looking forward to getting after it because my back feels better. Overall, I'm really pleased with progress I've made in a short time." - Jason Day.

He will be setting out to repair that when the Tour resumes at the Charles Schwab Challenge tournament at Colonial CC in Texas next Thursday.

"Col and I have been putting in some decent hours and I've been playing well, so I can't wait to get things going," Day told AAP from Ohio.

"I'm really looking forward to getting after it because my back feels better. Overall, I'm really pleased with progress I've made in a short time.

"I have stepped up the practice during the last month or so. My game is feeling good and I just need to tighten the screws now."

On Wednesday, the Tour announced a mobile coronavirus test centre supplied by sponsor Sanford Health will travel to each tournament to test players, caddies and essential personnel – there will be no crowds.

The test centre aims to give results within two to four hours, with some 400 individuals to be tested each event.

"The PGA Tour and (commissioner) Jay Monahan are doing the best job they possibly can to get us going again." Day said.

"At these first few events, everyone will be nervous about what they can and can't do but we will find our footing and the anxiety will ease a bit."

Other Australians expected to tee up at Charles Schwab Challenge are Marc Leishman, Cameron Smith, Matt Jones and John Senden.

The PGA Tour will then stage the RBC Heritage in South Carolina, the Travelers Championship in Connecticut and Rocket Mortgage Classic in Detroit, Michigan.

A 156-player tournament sponsored by financial management company Workday will be held at the Columbus, Ohio course in place of the cancelled John Deere Classic.

"It will be a big relief to be able to play and stay at home." said Day, a Columbus resident.

Evin Priest, Australian Associated Press





Congratulations to Ron Watkinson who, after a lifetime of golf, made his first hole in one!

Playing the ninth hole, a par 3 at Mt Derrimut, Ron took out his trusty 6 iron, pitched the ball onto the green and watched it roll in.

The shot was seen by 6 other players, the group behind having caught up, and congratulations were in order.

Ron will receive 8 golf balls and a trophy.

Well done Ron.



## Golfers urged to warm up

by Golf Australia

One of golf's top specialists in human movement has urged rank and file golfers to pay attention to warm-ups.

Dr Tina Maio, a Melbourne osteopath who has worked closely with the likes of Adam Scott and various top-line players, says all levels of golfer can benefit from exercise to have their body ready.

Sadly, many amateur golfers' race to the first tee. "You've been in the car and nothing's activated in your body," Maio told Golf Australia's Inside the Ropes podcast recently. "You have to give yourself even 10 minutes before you teed off and went through some warm-up exercises and activation work, where you put the body in the positions that are required for your golf swing.

"Because you've done that, the brain's already prepared and aware of what you're asking of it. Your body and your nervous system are prepared for what you want it to do. That's what a warm-up's for. And that's why more than half the people playing golf have back pain."

## Birthdays for July

Barry	Baguley
Rodney	Baguley
Desmond	Borg
Kenneth	Crompton
Ralph	Johnsen
Barry	McAloney
Alan	Moloney
Peter	Plytus
Graeme	Russell
Clement	Widdison
Bob	Wilkinson

Wes Jankiewicz was the birthday winner for June.

## MENTAL BLANK

I often wonder if others my age experience similar cognitive dilemmas. You know, those moments when you walk into a room and have absolutely no idea why you are there. You have to walk back out, resume what you were doing and wait ten minutes until you remember you were supposed to hang out the washing that finished its cycle almost an hour ago. Another special moment is putting the kettle in the fridge and wondering why it doesn't boil. I thought it was a result of age. And possibly childbirth. But I've realised this is not a new phenomenon.

As I have admitted previously I always enjoyed school, and used to ride by bike regularly. There was a group of us, kind of like a posse, and we would race to school like a swarm of bees, wearing oversized school bags and stack hats, dodging the Council street sweeper and the Nana's down the road, pushing their jeeps to the greengrocer.

Here's the thing. I was renowned for riding my bike to school, forgetting I had ridden and then walking



home. Mum would ask me where I had put my stack hat, and realising I was once again the victim of the dreaded mental blank, I would sprint back to school, retrieve my bike and helmet, racing home before the street lights came on.

Now cue the days of my paper round, getting up before the sun and riding my bike in the Autumn drizzle, to the house where the van would deliver the morning papers, bundled and ready for me to load and deliver to locals waiting for their breakfast read. Only trouble was, I had a habit of forgetting what day it was, and I'd end up sitting in their garden, soaking wet,

waiting for a van that would never arrive. Because it was Sunday.

I just hope the kids choose me a nursing home where the dessert is good xx

Dee Simpson xx

You can also find me at <http://comejoindee.com/>



There are several vacancies for new members.

Current members are encouraged to talk to other golfers with a view to joining Hume Vets.



## Hume Veterans Golf Club

ABN 58 679 581 932

President: Alan Kinnaird 0418 564 760

Captain: Gus Steegstra 0407 098 423

Secretary: Terry How 0403 262 789

Email: [info@humevetsgc.com.au](mailto:info@humevetsgc.com.au)

### **Application for Membership**

Membership Secretary,  
Hume Veterans Golf Club Inc.  
Mario Caruso  
21 Liquidamber Way  
SUNBURY 3429

Sir,

I hereby apply for membership of the Hume Veterans Golf Club and if elected, agree to abide by the Articles of Association, By-Laws of the Club and Committee rulings. I have obtained the age of 55 years am a financial of a Golf Club affiliated with the Australian Golf Union and have a current handicap recognized by the Australian Golf Club Union or have a current Golfink handicap.

Name in full (in block letters) .....

Golf Link Number

Address.....Postcode.....

Email Address.....

Home Club..... Date of Birth.....

Home Telephone no.....Mobile.....

Emergency Contact Name & Phone No.....

Signature.....

The above-mentioned candidate is personally known to us and we believe him to be a suitable person to be elected a Member of the Hume Veterans Golf Club.

Proposer (in block letters) .....

Signature.....

Seconder (in block letters) .....

Signature.....

Provided that the Directors shall not be bound to accept the application for Membership of any person, provided also any inaccuracy or misrepresentation in the particulars relating to the applicant or his description shall render his election voidable at any time at the discretion of the Club.

Date received by the Membership Secretary...../...../.....

Signed.....

