

**Melbourne Airport Golf Club**  
**Monday 7th December 2020**  
**4 Ball Better Ball**



For our last game of the year, we will be playing 4BBB.

Please enter as soon as you can so the coordinator of the event can organise the timesheet.

Monday 7th of December will be a 4BBB event, two tee start commencing from 07:50 and teeing off at 8-minute intervals.

Sit down lunch will be provided after your round. The Melbourne Airport dining room is allowed to have a maximum of 45 in the room at any one time.

Social distancing still applies, and you will need to wear a mask when inside except when you are sitting at the table having lunch and drinks. There will be tables set up outside if you wish to stay and have a few drinks after your lunch.

The cost for the day will be \$40 Game and Lunch.

Do not pay in advance, EFTPOS will be available.

The free game will be Monday 1st of February 2021 at Gisborne including the Parmaker Raffle and major prizes for 2020.

Prizes will be awarded as well as a generous ball rundown as usual.

**Course map**

Provided at back of this document.

**Nomination forms** will be available at the Melbourne Airport meeting for anyone wishing to join the Hume Vets committee.

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**Our first game for 2021 will be at  
Growling Frog on the 4<sup>th</sup> of January  
07:00 Registration  
08:00 Tee off Shotgun start**

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**Please Note:**

Annual fees have been retained at \$60 which includes 5 x \$5 tickets for the "Parmaker" raffle.

Fees are payable from the 1<sup>st</sup>. January 2021.

Your annual fee can be paid via electronic banking, Eftpos, cheque or cash.

Electronic Payment details are:-

Bank: Westpac

BSB: 033118

A/c: 344854

When paying via electronic banking please put your **member number** and "**Membership 2021**" in the description field.

Payment by Eftpos or cash can be made to the Treasurer Shane Turner at the Growling Frog or by cheque and made out to 'Hume Vets Golf Club' and mailed to:-

The Treasurer

Shane Turner

40 Urwin Street

Yarraville Vic 3013

**Captain's Report**

Finally, after 3 months of the second bout of Covid lockdown, the opportunity presented (although at short notice) to play at Yarrambat Golf Course. The playing numbers may have been affected by the day being Friday the 13th nevertheless the weather was fine and 45 players teed off. Although I was unable to attend I believe the day was enjoyed by all and ran smoothly due to the efforts of Alan, Arnold, Paul and John for getting the field away. Thanks also to Shane for the collection of funds through the plastic innovation.

Now for the winners:

<u>Name</u>	<u>Handicap</u>	<u>Score</u>
<u>A grade winner:</u>		
Shane Turner	11	34 points c/b
<u>A grade runner-up:</u>		
Jerry Cresp	7	34 points
<u>B grade winner:</u>		
Bob Penrose	16	33 points c/b
<u>B grade runner-up:</u>		
Paul Reid	16	33 points
<u>C grade winner:</u>		
Colin Braithwaite	20	32 points c/b
<u>C grade runner-up:</u>		
Kerry Bayly	18	32 points
<u>D grade winner:</u>		
Kevin Sheedy	21	33 points c/b
<u>D grade runner-up:</u>		
Alan Ogston	22	33 points c/b

As the course was in good shape, the lower scores were probably indicative of the lack of regular golf. No one broke their handicap but the contest was fierce as each grade was won on a countback.

The ball comp. went down to 29 points and these can be collected at Melbourne Airport along with the grade winner prizes.

- Mario Caruso
- Richard Te Whare
- Stephen D'Andrea
- Michael Leahy
- Tony Barr
- Vito Cirelli
- Peter Turner
- Tom Finch
- Vince Rusciano
- Arnold Messias

There were no nearest the pin prizes due to Golf Aust. recommendations. The "Raffallo" prize was won by Rod Baguley, with golf balls to Alan Ogston, Mick Leahy and John Ferrante. Birthday draw for a free golf game at our next outing went to Ron Watkinson.

Our final game for 2020 will be at Melbourne Airport Golf Club on 7th Dec 20 (The final format will depend on the Orders of Premier Dan)

Gus Steegstra  
Captain

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There are several vacancies for new members and lady golfers are welcome to join.

Current members are encouraged to talk to other golfers with a view to joining Hume Vets.

**Sponsorship and Golf Balls**

The Golf Balls for the Ball run are now the Optima XSF golf balls. A much better ball than the current CS ball.

Walkinshaw Sports has donated a prize bag to be awarded to the player with the best net score for each month for next 11 months.

We thank Walkinshaw Sports for their generosity and encourage our members to support PGF golf products when they can

Mario has a supply of the brand-new Optima XSF golf balls for the same price as previous- 2 dozen balls for \$30 half retail price. Normal retail \$28.99 doz.



**Maximum distance with softer feel**

- Large, high energy, soft feel 55 compression core.
- High deformation core material for maximum energy transfer and release.
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It is a good opportunity to get a very good ball for a great price. You can order your supply from Mario, ring 0401604501 or email [mariocaruso@bigpond.com](mailto:mariocaruso@bigpond.com) You can collect your order from Mario in Sunbury or at our next game.

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**Georgia man gets prison for Masters Tournament ticket scheme**



A Georgia man was sentenced on Monday to more than two years in federal prison after pleading guilty to a scheme that used stolen identities to obtain tickets to the Masters Tournament.

Federal prosecutors say Stephen Michael Freeman, 42, of Athens, and three family members in Texas sold those tickets for a profit.

U.S. District Court Judge Randall Hall in the tournament's hometown of Augusta sentenced Freeman to 28 months in prison. More than a year had passed since Freeman pleaded guilty to conspiracy to commit mail fraud. His parents and a sister also entered guilty pleas last year and were sentenced to three years on probation.

As part of their plea deals, the family members agreed to pay a total of nearly \$275,500 in restitution. A news release from U.S. Attorney Bobby Christine's office did not say how many tickets the family obtained or how much they profited from them.

Federal prosecutors said the family used stolen IDs from 2013-17 to cheat the lottery system that distributes tournament tickets and to circumvent Augusta National Golf Club's rules allowing people to apply only once to enter its ticket lottery.

The family purchased bulk mailing lists to obtain names and addresses of people that were used to create fake accounts for Augusta National's online ticket lottery, according to the court documents filed in April by federal prosecutors. Those accounts were submitted with email addresses controlled by Freeman and his relatives.

The family would then ask Augusta National to change the addresses associated with the bogus accounts, using "false driver licenses, false utility bills and false credit card statements in the identity of the fake user accounts" sent by mail, the court documents said. That would ensure any tickets won through the lottery would be mailed to addresses where Freeman and his relatives would receive them, prosecutors said.

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This year we say goodbye to Ken Crompton and Dennis Bryant.

Ken has thoroughly enjoyed his time with Hume Vets and hopefully Ken will play at Melbourne Airport for his last game.

Dennis wished to thank all that have served on the committee, and says that he and his brother had very much enjoyed their time with the club and the companionship it provided.

We wish them both all the best.

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### Welfare Report

Last Saturday Bill Mandouit injured himself while playing the 17<sup>th</sup>. at Goonawarra. After a visit to the hospital he is on the road to recovery and we hope to see him back and playing soon.

Peter Caple is the Welfare Officer. Please contact Peter at [p.caple@bigpond.com](mailto:p.caple@bigpond.com) if you know of any of our members who are ill.

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### A contribution from Peter Bennett

Having had plenty of spare time to catch up with movies etc. I would like to recommend to any who have not seen:-

**My Octopus Teacher.** Rivals anything Mr Attenborough has done. Absolutely worth the time. Netflix.

**Tommy's Honour.** True story, golfing history. How easy do we have it now and still complain....Also on Netflix.

Also one item which gave me a good laugh.



Regards and looking forward to getting back with the group shortly. Keep up the good work.

Peter Bennett

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## 10 reasons why silence really is golden

Could the answer to improved health be as simple as silence?

Some seniors may think their lives are too quiet and have too much silence in their day. But research points to the benefits silence brings that could keep them happier and healthier.

Certainly, in a world dominated by noise, especially of the digital entertainment kind, we are inundated with sounds throughout the day — some pleasant, some not so pleasant — but we very rarely experience silence.

According to the Psychology Today publication, silence has been found to stimulate brain growth. A 2013 study into brain structure and function found that a minimum of two hours of silence could result in the creation of new brain cells in the area of our brains linked to learning and recall.

Noise affects our stress levels by raising cortisol and adrenaline. A study in the journal Heart in 2006 found that silence can relieve tension in just two minutes.

Silence is more 'relaxing' for your body and brain than listening to music – as measured by a lowering of blood pressure and increased blood flow to the brain.

Periods of silence throughout the day enhance sleep and lessen insomnia. We have all heard advice about 'winding down' before bed but few of us apply it to ourselves.

Research throughout the 20th century has linked noise pollution to an increase in heart disease and tinnitus. The World Health

Organization likened it to a "modern plague."

Perhaps Buddhist meditation or Christian prayer and reflection has a renewed space in this 21st century mayhem.

Or it could be as simple as eating one meal a day in silence. The New York Times recently described 'the silent breakfast' as a possible "panacea to the stress of the pandemic".

Studies have shown that our brains and bodies respond to bouts of silence in the same way they respond to meditation, by lowering stress hormones and breathing rates so that, afterwards, better levels of concentration and a sense of calmness take hold.

We stop feeling overwhelmed. We can then tap into our creativity and daydream, fantasise, and meditate.

Abraham Lincoln is attributed as saying, "Better to remain silent and be thought a fool than to speak and remove all doubt." This last point is that we need to learn that silence is often the best strategy not only for ourselves but for others, too.

"Speak only when you feel your words are better than silence." – Anon

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### December Birthday Winner gets a free game in January

Ray	Davidson
Leo	Goedegebuure
Ian	Grieve
Peter	Grundy
Ian	Malloy
Nick	Mandaru
Arnold	Messias
Mario	Silvio
Wayne	Whiting
Colin	Yates

## In-form Smith's post Masters frustration



**Masters runner-up Cameron Smith** is disappointed the COVID-19 pandemic has left him unable to take his hot form into an Australian summer of golf.

Smith became the first player in Masters history to shoot four rounds in the 60s at Augusta National but still fell short of American superstar and World No.1 Dustin Johnson, who claimed the green jacket in record fashion.

While Johnson set a Masters scoring record at 20-under par, Smith's 15 under would have been good enough to win 77 of the 84 Masters played.

The 27-year-old from Brisbane is unlikely to play again until January, when he is eligible for the Tournament of Champions in Maui before defending his Sony Open title in Honolulu the following week.

Smith lamented the fact the pandemic had necessitated the need to cancel the Australian summer of golf's biggest events – the Australian Open and Australian PGA Championship.

Already a two-time winner of the Australian PGA, Smith would have been a hot favourite in both fields. "It's a bummer I can't try to continue this hot form, especially back home," Smith told AAP. I love getting back to see family and friends

as much as possible but obviously right now things are difficult in that sense.

"I'm looking forward to when things settle down and I'll be able to go crack a beer with Dad and the family and my mates and celebrate what was a good week at Augusta. "I'm disappointed I didn't win. I wasn't playing for second, but it was still a successful week."

Smith says the fact he was able to produce some of his best short-game skills under the ultimate pressure will put him in good stead going forward.

After winning in Hawaii last January, Smith looked set for a bumper 2020 but a COVID-19 shutdown stalled his efforts.

He failed to record another top 10 pre or post pandemic break after his second Tour win, ultimately finishing 24th in the season-long FedEx Cup. But his history of performing well in October and November came to the fore.

Smith has been under par in 15 of his past 16 PGA Tour rounds and finished 11th at the CJ Cup in Las Vegas and fourth in the ZOZO Championship in Los Angeles before his T2 at the Masters.

"This has been a massive confidence booster and it is a shame I'm not going to play a tournament for a couple months," he said.

"But I can't wait to start back up in Hawaii, and obviously try and defend there would be awesome.

"I love that course so I'm in for a good start to the year, I think. Until then I'll take a bit of a break, do a bit of fishing, and then try to start fast again."

- Ben Everill, Australian Associated Press

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SHORTS SLEEVE SHIRTS \$25



LONG SLEEVE SHIRTS \$30

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# Hume Veterans Golf Club Inc.

ABN 58 679 581 932



**President** Alan Kinnaird 0418 564 760  
**Captain:** Gus Steegstra 0407 098 423  
**Secretary:** Terry How 039886 9262  
**Email:** [terry.how@bigpond.com](mailto:terry.how@bigpond.com)

## Application for Membership

Membership Secretary,  
Hume Veterans Golf Club Inc.  
Mario Caruso 21 Liquidamber Way Sunbury 3429      [info@humevetsgc.com.au](mailto:info@humevetsgc.com.au)

Sir,  
I hereby apply for membership of the Hume Veterans Golf Club and if elected, agree to abide by the Articles of Association, By-Laws of the Club and Committee rulings. I have obtained the age of 55 years I am a financial member of a Golf Club affiliated with the Australian Golf Union and have a current handicap recognized by the Australian Golf Club Union or have a current Golfink handicap.

Name in full (in block letters) ..... Polo Top Size.....

Golf Link Number

Address.....

..... Postcode.....

Email Address.....

Home Club..... Date of Birth.....

Home Telephone no..... Mobile.....

Emergency contact Name & Phone No.....

Signature.....

The above-mentioned candidate is personally known to us and we believe him to be a suitable person to be elected a Member of the Hume Veterans Golf Club.

Proposer (in block letters) .....

Signature.....

Secunder (in block letters) .....

Signature.....

Membership fees can be paid via direct debit to Hume Vets Golf Club

**BSB: 033-118 Account Number: 344854**

Provided that the Directors shall not be bound to accept the application for Membership of any person, provided also any inaccuracy or misrepresentation in the particulars relating to the applicant or his description shall render his election voidable at any time at the discretion of the Club.

Date received by the Membership Secretary...../...../.....

Signed.....



MELBOURNE AIRPORT GOLF CLUB

Men	Yards	Par
1	270m	Par 4
2	341.6	Par 4
3	312m	Par 4
4	445m	Par 5
5	192m	Par 3
6	400m	Par 4
7	190m	Par 3
8	165m	Par 3
9	345m	Par 4
10	108m	Par 3
11	325m	Par 4
12	421m	Par 4
13	355m	Par 4
14	380m	Par 4
15	152m	Par 3
16	402m	Par 5
17	365m	Par 4
18	85m	Par 3

